

Skill Sets of Agents

Key definitions:

- **Skill Sets** = our toolbox, the language/thinking we use to respond to situations, reactions that express our understanding of the world
- **Agents** = members of the dominant/overvalued/privileged group
- **Targets** = members of a marginalized/undervalued/oppressed group

Common characteristics of each position include...

Indifference	Distancing	Inclusion	Awareness	Allyship
Use of Individual Lens			Use of Systemic Lens	
<p>Agents do not notice the existence of Target group members</p> <p>“I don’t know any...” “I’ve never met any...” “It’s not my problem”</p> <p>Characterized by passive aversion</p> <p>Agent is conditioned to be unconscious to the Target, and therefore doesn’t even have to try to ignore Targets</p> <p>This position requires the least energy because everything is filtered through the dominant society’s view.</p> <p>Skills used to navigate society are the default</p>	<p>Agents hold members of Target group at arm’s length</p> <p>There is an emphasis on differences between self and Target group</p> <p>Characterized by three different approaches:</p> <ol style="list-style-type: none"> 1. “I don’t have anything against _____ (out loud)... “I just don’t want them living around me.” (internal) 2. Overtly bigoted –or– attitude of wanting to help convert Target (savior) 3. Pseudo-valuing ideas “They’re magical, or so spiritual.” Often goes with collecting artifacts from the Target group or imitating culture style 	<p>Agents focus on similarities between Target group and oneself</p> <p>“We’re all God’s children.” “Everyone suffers.”</p> <p>Agent experiences this as liberating</p> <p>Agent recognizing the limitations to this skills set is difficult. Many never advance beyond appreciating the Target</p> <p>Agent’s norms remain the standard Expectation is for the Target to conform</p> <p>Danger: Since Agents know they don’t hold or subscribe to negative views of the Target, they can resist the perspective that oppression is a supremacy problem</p> <p>Focus stays on individual prejudice and discrimination</p>	<p>Agents see systemic oppression and privilege clearly.</p> <p>“I can’t believe I never saw this before.”</p> <p>Characterized by an initial sense of immobilization, feelings of guilt or shame</p> <p>Agent is rightly horrified by realization of past failures to recognize or interrupt injustice</p> <p>There is a frequent movement back to inclusion because Awareness skills are so difficult</p> <p>Agents’ primary task is to listen to Targets to learn about their experience of oppression</p> <p>Requires determination and support because the new awareness is hard to hold</p>	<p>Agents are fully aware of reality of oppression and privilege</p> <p>Agents recognize oppressive systems’ dehumanizing effects</p> <p>Characterized by an ability to think/act</p> <p>Agents acknowledge they can never fully understand the experience of Targets</p> <p>Shift is from dreading experiencing new awareness to welcoming it</p> <p>Movement into helping others wake up to the realities of systemic oppression</p> <p>Increasingly able to work with others to move them to the next skill set without judgment</p> <p>Focus may be on listening, speaking out, gently helping other Agents learn new skills, etc.</p>

Source: Neito, L. & Boyer, M. (2007). Understanding Oppression: Strategies in Addressing Power and Privilege Part 3: Skill Sets for Agents – To download full .pdf go to: https://beyondinclusion.files.wordpress.com/2011/07/ask_leticia_part_3.pdf