

Tension Pairs

Set 1	Our similarities tie us to each other.	and	Failing to recognize our different experiences creates distance between us.
Set 2	Relating across race is eased when we focus on our similarities.	and	Relating across race is more difficult when we ignore the effects of historic and contemporary racism.
Set 3	My physical body is a vehicle and is not meaningful in and of itself.	and	My physical body is an essential part of who I am and how I experience the world.
Set 4	I appreciate learning from stories told by community members who are of a different racial background than myself.	and	Stories told by community members from marginalized groups often involve those individuals reliving painful life events to support the growth of dominant group members.
<i>Set 5 Optional</i>	<i>Add something specific to your community, as desired.</i>	and	<i>Add something specific to your community, if desired.</i>